

## Results for VOTWO Salty Sea Dog Triathlon 19th June 2021 on 19-Jun-2021

## Sprint

Pos	Name	Category	Time	Start	1 Swim	2 Transition	3 Bike	4 Transition	Run
1st	Chris Harris Hardley Runners	M25-29	01:08:09	00:00:00 00:00:00	00:10:50 (3rd) 00:10:50 (3rd)	00:12:08 (3rd) 00:01:18 (10th)	<b>00:49:58 (1st)</b> 00:37:50 (2nd)	<b>00:50:23 (1st)</b> 00:00:25 (6th)	<b>01:08:09 (1st)</b> 00:17:46 (3rd)
2nd	Brian Glynn	M25-29	01:08:54	00:00:00 00:00:00	00:10:38 (2nd) 00:10:38 (2nd)	00:11:28 (2nd) <b>00:00:50 (1st)</b>	00:50:22 (3rd) 00:38:54 (3rd)	00:50:43 (3rd) 00:00:21 (2nd)	01:08:54 (2nd) 00:18:11 (4th)
3rd	Henry Lloyd-williams Lymington Triathlon Club	M25-29	01:09:46	00:00:00 00:00:00	00:12:38 (15th) 00:12:38 (15th)	00:14:08 (12th) 00:01:30 (16th)	00:51:24 (4th) <b>00:37:16 (1st)</b>	00:52:07 (4th) 00:00:43 (31st=)	01:09:46 (3rd) 00:17:39 (2nd)
4th	Ted Ward Team 9 Endurance	M16-19	01:09:48	00:00:00 00:00:00	<b>00:10:21 (1st)</b> <b>00:10:21 (1st)</b>	<b>00:11:17 (1st)</b> 00:00:56 (2nd=)	00:50:12 (2nd) 00:38:55 (4th)	00:50:30 (2nd) <b>00:00:18 (1st)</b>	01:09:48 (4th) 00:19:18 (10th)
5th	Will Newbury 9 Endurance	M40-44	01:10:47	00:00:00 00:00:00	00:11:14 (4th) 00:11:14 (4th)	00:12:10 (4th) 00:00:56 (2nd=)	00:52:36 (6th) 00:40:26 (7th)	00:53:18 (6th) 00:00:42 (28th=)	01:10:47 (5th) <b>00:17:29 (1st)</b>
6th	Luke Reed Pure Endurance Triathletes	M40-44	01:13:17	00:00:00 00:00:00	00:12:02 (9th) 00:12:02 (9th)	00:13:26 (9th) 00:01:24 (12th)	00:54:20 (8th) 00:40:54 (12th)	00:54:51 (8th) 00:00:31 (10th=)	01:13:17 (6th) 00:18:26 (6th)
7th	Aidan Dure-Smith 9 Endurance	M16-19	01:13:42	00:00:00 00:00:00	00:11:56 (6th) 00:11:27 (5th)	00:13:31 (5th) 00:01:04 (6th)	00:54:38 (9th) 00:42:07 (16th)	00:55:19 (9th) 00:00:41 (25th=)	01:13:42 (7th) 00:18:23 (5th)
8th	David Hartly Salisbury Tri	M35-39	01:13:48	00:00:00 00:00:00	00:11:56 (6th=) 00:11:56 (6th=)	00:13:21 (8th) 00:01:25 (13th)	00:53:51 (7th) 00:40:30 (8th)	00:54:13 (7th) 00:00:22 (3rd=)	01:13:48 (8th) 00:19:35 (13th)
9th	James Turner Vicerorys triathlon club	M45-49	01:14:07	00:00:00 00:00:00	00:11:56 (6th=) 00:11:56 (6th=)	00:13:02 (6th) 00:01:06 (7th)	00:52:27 (5th) 00:39:25 (5th)	00:52:49 (5th) 00:00:22 (3rd=)	01:14:07 (9th) 00:21:18 (26th=)
10th	Innes Wright Serpentine	M55-59	01:16:07	00:00:00 00:00:00	00:12:30 (14th) 00:12:30 (14th)	00:14:20 (14th) 00:01:50 (27th=)	00:55:13 (10th) 00:40:53 (11th)	00:56:33 (11th) 00:01:20 (74th=)	01:16:07 (10th) 00:19:34 (11th=)
11th	Natalie Green Hardley Runners	F25-29	01:16:20	00:00:00 00:00:00	00:12:10 (10th) 00:12:10 (10th)	00:13:13 (7th) 00:01:03 (5th)	00:56:43 (14th) 00:43:30 (27th)	00:57:16 (14th) 00:00:33 (13th=)	01:16:20 (11th) 00:19:04 (8th)
12th	Laura Rothwell	F25-29	01:17:40	00:00:00 00:00:00	00:12:11 (11th) 00:12:11 (11th)	00:13:37 (11th) 00:01:26 (14th)	00:56:17 (12th) 00:42:40 (19th)	00:57:10 (13th) 00:00:53 (43rd=)	01:17:40 (12th) 00:20:30 (21st)
13th	David Hannaford 9 Endurance	M40-44	01:17:45	00:00:00 00:00:00	00:14:06 (28th) 00:14:06 (28th)	00:15:35 (22nd) 00:01:29 (15th)	00:56:24 (13th) 00:40:49 (10th)	00:57:02 (12th) 00:00:38 (21st=)	01:17:45 (13th) 00:20:43 (22nd)
14th	Dave Risebrow 9Endurance	M35-39	01:17:47	00:00:00 00:00:00	00:14:00 (26th) 00:14:00 (26th)	00:15:49 (25th) 00:01:49 (25th=)	00:56:57 (16th) 00:41:08 (13th)	00:57:49 (17th) 00:00:52 (42nd)	01:17:47 (14th) 00:19:58 (18th)
15th	Vince Hounsoms Gillingham District Wheelers	M55-59	01:17:55	00:00:00 00:00:00	00:13:23 (19th) 00:13:23 (19th)	00:14:59 (18th) 00:01:36 (18th)	00:55:37 (11th) 00:40:38 (9th)	00:56:21 (10th) 00:00:44 (33rd)	01:17:55 (15th) 00:21:34 (30th)
16th	Sam Stewart	M30-34	01:18:14	00:00:00 00:00:00	00:12:29 (13th) 00:12:29 (13th)	00:13:31 (10th) 00:01:02 (4th)	00:56:59 (17th) 00:43:28 (26th)	00:57:29 (15th) 00:00:30 (8th=)	01:18:14 (16th) 00:20:45 (23rd)
17th	ben jenkins	M40-44	01:18:21	00:00:00 00:00:00	00:14:59 (42nd) 00:14:59 (42nd)	00:17:11 (41st) 00:02:12 (39th=)	00:57:36 (18th) 00:40:25 (6th)	00:58:43 (19th) 00:01:07 (61st)	01:18:21 (17th) 00:19:38 (15th)
18th	Matt Nabney 9 Endurance	M30-34	01:18:35	00:00:00 00:00:00	00:13:31 (21st) 00:13:31 (21st)	00:15:54 (26th) 00:02:23 (52nd=)	00:57:59 (19th) 00:42:05 (15th)	00:58:58 (21st) 00:00:59 (53rd=)	01:18:35 (18th) 00:19:37 (14th)
19th	Christian Scaccianoce Zoom Tri	M40-44	01:19:03	00:00:00 00:00:00	00:14:37 (34th) 00:14:37 (34th)	00:16:37 (30th) 00:02:00 (30th=)	00:58:10 (21st) 00:41:33 (14th)	00:58:52 (20th) 00:00:42 (28th=)	01:19:03 (19th) 00:20:11 (19th)
20th	Graham Starner	M55-59	01:20:11	00:00:00 00:00:00	00:13:28 (20th) 00:13:28 (20th)	00:14:41 (16th) 00:01:13 (8th)	00:56:50 (15th) 00:42:09 (17th)	00:57:37 (16th) 00:00:47 (36th)	01:20:11 (20th) 00:22:34 (39th)
21st	Ben Thomas	M30-34	01:20:25	00:00:00 00:00:00	00:13:17 (18th) 00:13:17 (18th)	00:15:19 (20th) 00:02:02 (34th)	00:58:03 (20th) 00:42:44 (21st)	00:58:35 (18th) 00:00:32 (12th)	01:20:25 (21st) 00:21:50 (32nd=)
22nd	Sean Ward Team 9 Endurance	M50-54	01:20:36	00:00:00 00:00:00	00:15:28 (52nd=) 00:15:28 (52nd=)	00:16:43 (32nd) 00:01:15 (9th)	00:59:34 (23rd=) 00:42:51 (22nd)	01:00:07 (22nd=) 00:00:33 (13th=)	01:20:36 (22nd) 00:20:29 (20th)
23rd	Chris Lee	M40-44	01:21:06	00:00:00 00:00:00	00:14:01 (27th) 00:14:01 (27th)	00:15:40 (23rd) 00:01:39 (19th=)	01:00:44 (29th) 00:45:04 (34th)	01:01:13 (27th) 00:00:29 (7th)	01:21:06 (23rd) 00:19:53 (17th)
24th	Tom Stubbs	M25-29	01:21:16	00:00:00 00:00:00	00:17:14 (68th) 00:17:14 (68th)	00:18:58 (59th) 00:01:44 (23rd)	01:01:40 (34th) 00:42:42 (20th)	01:02:39 (32nd) 00:00:59 (53rd=)	01:21:16 (24th) 00:18:37 (7th)
25th	Camille King 9 Endurance Tri	F40-44	01:21:46	00:00:00 00:00:00	00:14:52 (39th) 00:14:52 (39th)	00:16:33 (29th) 00:01:41 (21st)	00:59:34 (23rd=) 00:43:01 (23rd)	01:00:07 (22nd=) 00:00:33 (13th=)	01:21:46 (25th) 00:21:39 (31st)
26th	Terry Williams Hillingdon	M50-54	01:23:01	00:00:00 00:00:00	00:13:41 (23rd) 00:13:41 (23rd)	00:15:16 (19th) 00:01:35 (17th)	01:00:13 (26th) 00:44:57 (32nd)	01:01:11 (26th) 00:00:58 (50th=)	01:23:01 (26th) 00:21:50 (32nd=)
27th	Chris Goodall 9 Endurance	M45-49	01:23:12	00:00:00 00:00:00	00:15:43 (56th) 00:15:43 (56th)	00:17:44 (50th) 00:02:01 (33rd)	01:00:05 (25th) 00:42:21 (18th)	01:01:06 (25th) 00:01:01 (55th=)	01:23:12 (27th) 00:22:06 (35th)
28th=	Shane Anthill	M50-54	01:23:32	00:00:00 00:00:00	00:13:36 (22nd) 00:13:36 (22nd)	00:15:45 (24th) 00:02:09 (37th)	01:01:34 (31st) 00:45:49 (42nd)	01:02:14 (31st) 00:00:40 (24th)	01:23:32 (28th=) 00:21:18 (26th=)
28th=	Emmerson Elliot	M35-39	01:23:32	00:00:00 00:00:00	00:15:03 (43rd) 00:15:03 (43rd)	00:17:08 (39th=) 00:02:05 (35th)	01:02:52 (39th) 00:45:44 (41st)	01:03:42 (39th) 00:00:50 (37th=)	01:23:32 (28th=) 00:19:50 (16th)
30th	Elliot Harris	M25-29	01:24:00	00:00:00 00:00:00	00:15:06 (44th) 00:15:06 (44th)	00:16:58 (37th) 00:01:52 (29th)	01:02:24 (35th) 00:45:26 (38th)	01:03:07 (35th) 00:00:43 (31st=)	01:24:00 (30th) 00:20:53 (24th)
31st	Nick Lee	M40-44	01:24:45	00:00:00 00:00:00	00:14:55 (40th) 00:14:55 (40th)	00:17:16 (42nd) 00:02:21 (49th=)	01:00:19 (27th) 00:43:03 (24th)	01:01:17 (28th) 00:00:58 (50th=)	01:24:45 (31st) 00:23:28 (51st)
32nd	James Blackwell	M30;34	01:25:00	00:00:00 00:00:00	00:15:20 (48th=) 00:15:20 (48th=)	00:17:38 (47th=) 00:02:18 (45th=)	01:02:39 (38th) 00:45:01 (33rd)	01:04:01 (40th) 00:01:22 (76th=)	01:25:00 (32nd) 00:20:59 (25th)
33rd	Peter Slade Hillingdon Tri	M55-59	01:25:03	00:00:00 00:00:00	00:14:34 (32nd=) 00:14:34 (32nd=)	00:16:17 (28th) 00:01:43 (22nd)	01:01:02 (30th) 00:44:45 (31st)	01:01:55 (30th) 00:00:53 (43rd=)	01:25:03 (33rd) 00:23:08 (47th)
34th	Andrew Eales	M30-34	01:25:18	00:00:00 00:00:00	00:16:15 (60th) 00:16:15 (60th)	00:20:33 (69th) 00:04:18 (93rd=)	01:04:43 (45th) 00:44:10 (29th)	01:05:44 (46th) 00:01:01 (55th=)	01:25:18 (34th) 00:19:34 (11th=)
35th	Ian Smith Lymington Triathlon	M55-59	01:26:23	00:00:00 00:00:00	00:12:43 (16th) 00:12:43 (16th)	00:14:22 (15th) 00:01:39 (19th=)	01:02:28 (36th=) 00:48:06 (49th)	01:03:02 (34th) 00:00:34 (18th=)	01:26:23 (35th) 00:23:21 (48th)
36th	Ben Cullem	M35-39	01:26:33	00:00:00 00:00:00	00:14:41 (35th) 00:14:41 (35th)	00:17:08 (39th=) 00:02:27 (56th)	01:04:33 (44th) 00:47:25 (44th)	01:05:12 (43rd) 00:00:39 (23rd)	01:26:33 (36th) 00:21:21 (28th)
37th	Anna Campbell	F20-24	01:27:06	00:00:00	00:15:23 (51st)	00:17:38 (47th=)	01:03:00 (40th=)	01:04:33 (41st)	01:27:06 (37th)

				00:00:00	00:15:23 (51st)	00:02:15 (42nd=)	00:45:22 (37th)	00:01:33 (92nd)	00:22:33 (38th)
38th	Sonia Laurie southampton triathlon club	F45-49	01:27:11	00:00:00 00:00:00	00:14:15 (30th) 00:14:15 (30th)	00:16:38 (31st) 00:02:23 (52nd=)	01:00:29 (28th) 00:43:51 (28th)	01:01:39 (29th) 00:01:10 (62nd)	01:27:11 (38th) 00:25:32 (64th)
39th	Mark Josling	M35-39	01:27:34	00:00:00 00:00:00	00:14:13 (29th) 00:14:13 (29th)	00:16:49 (34th) 00:02:36 (59th=)	01:02:28 (36th=) 00:45:39 (40th)	01:03:25 (36th) 00:04:28 (48th=)	01:27:34 (39th) 00:24:09 (55th)
40th	Tim Matthews	M45-49	01:27:40	00:00:00 00:00:00	00:16:21 (61st=) 00:16:21 (61st=)	00:18:43 (55th) 00:02:22 (51st)	01:04:15 (42nd) 00:45:32 (39th)	01:05:05 (42nd) 00:00:50 (37th=)	01:27:40 (40th) 00:22:35 (40th)
41st	Jim Watson	M45-49	01:27:51	00:00:00 00:00:00	00:14:17 (31st) 00:14:17 (31st)	00:18:19 (53rd) 00:04:02 (86th=)	01:01:38 (32nd=) 00:43:19 (25th)	01:03:01 (33rd) 00:01:23 (78th=)	01:27:51 (41st) 00:24:50 (59th)
42nd	Matt Waine	M21-25	01:27:56	00:00:00 00:00:00	00:17:18 (69th=) 00:17:18 (69th=)	00:19:07 (60th=) 00:01:49 (25th=)	01:04:24 (43rd) 00:45:17 (35th=)	01:05:27 (44th) 00:01:03 (60th)	01:27:56 (42nd) 00:22:29 (36th)
43rd	Rob Cousins	M50-54	01:28:13	00:00:00 00:00:00	00:12:28 (12th) 00:12:28 (12th)	00:14:49 (17th) 00:02:21 (49th=)	01:03:00 (40th=) 00:48:11 (50th)	01:03:33 (38th) 00:00:33 (13th=)	01:28:13 (43rd) 00:24:40 (57th)
44th	Kieran Pulford	M35-39	01:28:18	00:00:00 00:00:00	00:18:55 (83rd) 00:18:55 (83rd)	00:20:45 (70th) 00:01:50 (27th=)	01:08:30 (54th) 00:47:45 (46th)	01:09:01 (52nd) 00:00:31 (10th=)	01:28:18 (44th) 00:19:17 (9th)
45th	Amy Glynn	F20-24	01:28:24	00:00:00 00:00:00	00:15:33 (55th) 00:15:33 (55th)	00:16:56 (36th) 00:01:23 (11th)	01:05:10 (47th) 00:48:14 (51st)	01:05:43 (45th) 00:00:33 (13th=)	01:28:24 (45th) 00:22:41 (41st)
46th	Alan Owen Evo	M55-59	01:29:39	00:00:00 00:00:00	00:13:55 (25th) 00:13:55 (25th)	00:17:05 (38th) 00:03:10 (79th)	01:01:38 (32nd=) 00:44:33 (30th)	01:03:26 (37th) 00:01:48 (99th)	01:29:39 (46th) 00:26:13 (76th)
47th	Ian Gamon	M45-49	01:29:58	00:00:00 00:00:00	00:14:48 (38th) 00:14:48 (38th)	00:17:41 (49th) 00:02:53 (71st)	01:06:04 (49th) 00:48:23 (52nd)	01:07:27 (48th) 00:01:23 (78th=)	01:29:58 (47th) 00:22:31 (37th)
48th	Nick Earl	M50-54	01:30:25	00:00:00 00:00:00	00:11:56 (6th=) 00:11:56 (6th=)	00:14:11 (13th) 00:02:15 (42nd=)	00:59:28 (22nd) 00:45:17 (35th=)	01:00:46 (24th) 00:01:18 (72nd)	01:30:25 (48th) 00:29:39 (93rd)
49th	Ben North	M30-34	01:30:42	00:00:00 00:00:00	00:18:17 (78th) 00:18:17 (78th)	00:20:58 (72nd) 00:02:41 (63rd=)	01:08:21 (53rd) 00:47:23 (43rd)	01:09:12 (53rd) 00:00:51 (40th=)	01:30:42 (49th) 00:21:30 (29th)
50th	James Smith	M35-39	01:32:18	00:00:00 00:00:00	00:15:20 (48th=) 00:15:20 (48th=)	00:17:34 (45th) 00:02:14 (41st)	01:06:51 (50th) 00:49:17 (59th)	01:08:11 (50th) 00:01:20 (74th=)	01:32:18 (50th) 00:24:07 (54th)
51st	Robbie Urwin	M25-29	01:33:01	00:00:00 00:00:00	00:14:46 (37th) 00:14:46 (37th)	00:19:07 (60th=) 00:04:21 (96th)	01:09:32 (57th) 00:50:25 (64th)	01:10:59 (56th) 00:01:27 (83rd=)	01:33:01 (51st) 00:22:02 (34th)
52nd	Sally Simpson	F40-44	01:33:10	00:00:00 00:00:00	00:14:43 (36th) 00:14:43 (36th)	00:16:50 (35th) 00:02:07 (36th)	01:07:12 (51st) 00:50:22 (63rd)	01:08:25 (51st) 00:01:13 (65th=)	01:33:10 (52nd) 00:24:45 (58th)
53rd	Arian Harmer	M55-59	01:33:33	00:00:00 00:00:00	00:12:59 (17th) 00:12:59 (17th)	00:15:25 (21st) 00:02:26 (55th)	01:05:55 (48th) 00:50:30 (65th)	01:07:22 (47th) 00:01:27 (83rd=)	01:33:33 (53rd) 00:26:11 (73rd=)
54th	Mark Howard 9 Endurance Tri	M40-44	01:33:46	00:00:00 00:00:00	00:15:54 (59th) 00:15:54 (59th)	00:18:45 (56th) 00:02:51 (70th)	01:07:13 (52nd) 00:48:28 (53rd)	01:08:04 (49th) 00:00:51 (40th=)	01:33:46 (54th) 00:25:42 (69th)
55th	Jack Humphrey	M26;29	01:34:08	00:00:00 00:00:00	00:17:49 (74th) 00:17:49 (74th)	00:21:51 (82nd) 00:04:02 (86th=)	01:09:46 (60th) 00:47:55 (47th)	01:11:14 (61st) 00:01:28 (87th=)	01:34:08 (55th) 00:22:54 (43rd)
56th	Rajivs Solanki Hillingdon Tri	M25-29	01:34:25	00:00:00 00:00:00	00:19:33 (88th) 00:19:33 (88th)	00:22:20 (86th) 00:02:47 (68th)	01:10:53 (65th) 00:48:33 (54th=)	01:11:38 (62nd) 00:00:45 (34th)	01:34:25 (56th) 00:24:47 (42nd)
57th	Chole Woolf Lymington Triathlon Club	F35-39	01:34:33	00:00:00 00:00:00	00:15:22 (50th) 00:15:22 (50th)	00:17:37 (46th) 00:02:15 (42nd=)	01:10:21 (63rd) 00:52:44 (71st)	01:11:02 (58th) 00:00:41 (25th=)	01:34:33 (57th) 00:23:31 (52nd)
58th	John Munson	M55-59	01:35:23	00:00:00 00:00:00	00:15:51 (58th) 00:15:51 (58th)	00:18:50 (58th) 00:02:59 (73rd)	01:09:07 (56th) 00:50:17 (62nd)	01:09:37 (54th) 00:00:30 (8th=)	01:35:23 (58th) 00:25:46 (70th=)
59th	Alberto Castellon	M40-44	01:35:27	00:00:00 00:00:00	00:17:18 (69th=) 00:17:18 (69th=)	00:21:22 (78th) 00:04:04 (89th)	01:09:06 (55th) 00:47:44 (45th)	01:10:30 (55th) 00:01:24 (81st)	01:35:27 (59th) 00:24:57 (62nd)
60th	Dusan Rnic	M50-54	01:36:15	00:00:00 00:00:00	00:15:32 (54th) 00:15:32 (54th)	00:17:32 (44th) 00:02:00 (30th=)	01:10:41 (64th) 00:53:09 (75th)	01:11:57 (63rd) 00:01:16 (70th=)	01:36:15 (60th) 00:24:18 (56th)
61st	Ben Maher	M40-44	01:36:46	00:00:00 00:00:00	00:18:43 (82nd) 00:18:43 (82nd)	00:21:13 (77th) 00:02:30 (57th)	01:10:07 (62nd) 00:48:54 (56th)	01:11:09 (60th) 00:01:02 (59th)	01:36:46 (61st) 00:25:37 (66th=)
62nd	John Eyre Pure endurance triathletes	M45-49	01:37:15	00:00:00 00:00:00	00:15:28 (52nd=) 00:15:28 (52nd=)	00:18:10 (52nd) 00:02:42 (67th)	01:09:37 (58th=) 00:51:27 (68th)	01:11:08 (59th) 00:01:31 (89th=)	01:37:15 (62nd) 00:26:07 (72nd)
63rd	Nia Templeman	F25-29	01:37:27	00:00:00 00:00:00	00:18:31 (80th) 00:18:31 (80th)	00:21:12 (76th) 00:02:41 (63rd=)	01:13:58 (75th) 00:52:46 (72nd)	01:14:22 (70th) 00:00:24 (5th)	01:37:27 (63rd) 00:23:05 (46th)
64th	Fiona Macdonald	F35-39	01:37:53	00:00:00 00:00:00	00:13:49 (24th) 00:13:49 (24th)	00:16:08 (27th) 00:02:19 (48th)	01:09:59 (61st) 00:53:51 (81st)	01:11:00 (57th) 00:01:01 (55th=)	01:37:53 (64th) 00:26:53 (78th)
65th	Stephen Hoey	M55-59	01:38:04	00:00:00 00:00:00	00:18:23 (79th) 00:18:23 (79th)	00:21:26 (79th) 00:03:03 (76th)	01:13:14 (71st) 00:51:48 (69th)	01:14:41 (71st=) 00:01:27 (83rd=)	01:38:04 (65th) 00:23:23 (49th)
66th	Nick Jarvis	M40-44	01:38:23	00:00:00 00:00:00	00:20:52 (94th) 00:20:52 (94th)	00:25:09 (94th) 00:04:17 (92nd)	01:13:42 (74th) 00:48:33 (54th=)	01:15:21 (75th) 00:01:39 (95th)	01:38:23 (66th) 00:23:02 (45th)
67th	Simon Minard Hedge End Running Club	M35-39	01:38:31	00:00:00 00:00:00	00:22:15 (97th) 00:22:15 (97th)	00:25:05 (93rd) 00:02:50 (69th)	01:14:33 (74th) 00:49:28 (61st)	01:15:31 (76th) 00:00:58 (50th=)	01:38:31 (67th) 00:23:00 (44th)
68th	Jamie Tschumi	M35-39	01:38:43	00:00:00 00:00:00	00:19:18 (85th) 00:19:18 (85th)	00:21:42 (80th) 00:02:24 (54th)	01:12:16 (68th) 00:50:34 (66th)	01:13:06 (65th) 00:00:50 (37th=)	01:38:43 (68th) 00:25:37 (66th=)
69th	Richard Dodds	M50-54	01:39:24	00:00:00 00:00:00	00:15:09 (46th) 00:15:09 (46th)	00:20:15 (68th) 00:05:06 (99th)	01:09:37 (58th=) 00:49:22 (60th)	01:12:02 (64th) 00:02:25 (101st)	01:39:24 (69th) 00:27:22 (82nd)
70th	John Chapple	M40-44	01:39:25	00:00:00 00:00:00	00:18:38 (81st) 00:18:38 (81st)	00:20:49 (71st) 00:02:11 (38th)	01:12:14 (67th) 00:51:25 (67th)	01:13:48 (68th) 00:01:34 (93rd)	01:39:25 (70th) 00:25:37 (66th=)
71st	Andy McGarvie	M55-59	01:40:12	00:00:00 00:00:00	00:20:46 (93rd) 00:20:46 (93rd)	00:25:24 (96th) 00:04:38 (98th)	01:14:27 (78th) 00:49:03 (57th)	01:16:14 (78th) 00:01:47 (98th)	01:40:12 (71st) 00:23:58 (53rd)
72nd	Barney Charles	M25-29	01:40:34	00:00:00 00:00:00	00:16:21 (61st=) 00:16:21 (61st=)	00:19:48 (66th) 00:03:27 (81st=)	01:14:11 (77th) 00:54:23 (84th)	01:15:39 (77th) 00:01:28 (87th=)	01:40:34 (72nd) 00:24:55 (60th=)
73rd	Carl Ferrand	M30-34	01:40:46	00:00:00 00:00:00	00:17:03 (67th) 00:17:03 (67th)	00:19:39 (65th) 00:02:36 (59th=)	01:12:27 (69th) 00:52:48 (73rd)	01:13:41 (67th) 00:01:14 (67th=)	01:40:46 (73rd) 00:27:05 (79th)
74th	Tiziano Borgonovo Expand Languages	M50-54	01:41:24	00:00:00 00:00:00	00:17:19 (71st) 00:17:19 (71st)	00:19:37 (64th) 00:02:18 (45th=)	01:13:33 (73rd) 00:53:56 (83rd)	01:15:13 (74th) 00:01:40 (96th)	01:41:24 (74th) 00:26:11 (73rd=)
75th	Gary Evans	M40-44	01:41:31	00:00:00 00:00:00	00:16:32 (63rd) 00:16:32 (63rd)	00:20:59 (73rd=) 00:04:27 (97th)	01:17:21 (88th) 00:56:22 (88th)	01:18:07 (85th) 00:00:46 (35th)	01:41:31 (75th) 00:23:24 (50th)
76th	Alice Jordan	F25-29	01:41:37	00:00:00 00:00:00	00:16:34 (64th) 00:16:34 (64th)	00:18:34 (54th) 00:02:00 (30th=)	01:16:08 (83rd) 00:57:34 (91st)	01:16:42 (81st) 00:00:34 (18th=)	01:41:37 (76th) 00:24:55 (60th=)
77th	Matthew Smith	M40-44	01:41:41	00:00:00 00:00:00	00:16:43 (65th) 00:16:43 (65th)	00:19:22 (63rd) 00:02:39 (62nd)	01:12:42 (70th) 00:53:20 (78th)	01:13:56 (69th) 00:01:14 (67th=)	01:41:41 (77th) 00:27:45 (85th)
78th	Einar Thorsen	M40-44	01:41:49	00:00:00 00:00:00	00:20:05 (92nd) 00:20:05 (92nd)	00:23:05 (89th) 00:03:00 (74th=)	01:12:12 (66th) 00:49:07 (58th)	01:13:31 (66th) 00:01:19 (73rd)	01:41:49 (78th) 00:28:18 (89th)
79th	Vanessa Thorpe	F40-44	01:42:36	00:00:00 00:00:00	00:15:08 (45th) 00:15:08 (45th)	00:17:26 (43rd) 00:02:18 (45th=)	01:16:07 (82nd) 00:58:41 (96th)	01:17:03 (82nd) 00:00:56 (46th=)	01:42:36 (79th) 00:25:33 (65th)

80th	Darren Anhill Farnham Tri	M50-54	01:42:49	00:00:00	00:18:12 (77th)	00:21:46 (81st)	01:14:01 (76th)	01:14:58 (73rd)	01:42:49 (80th)
				00:00:00	00:18:12 (77th)	00:03:34 (85th)	00:52:15 (70th)	00:00:57 (48th=)	00:27:51 (86th)
81st	Steve Johnson	M30-34	01:43:13	00:00:00	00:16:55 (66th)	00:20:00 (67th)	01:13:18 (72nd)	01:14:41 (71st=)	01:43:13 (81st)
				00:00:00	00:16:55 (66th)	00:03:05 (77th)	00:53:18 (77th)	00:01:23 (78th=)	00:28:32 (90th)
82nd	Richard Guest	M40-44	01:43:53	00:00:00	00:14:34 (32nd=)	00:18:46 (57th)	01:14:54 (80th)	01:16:35 (80th)	01:43:53 (82nd)
				00:00:00	00:14:34 (32nd=)	00:04:12 (90th=)	00:56:08 (87th)	00:01:41 (97th)	00:27:18 (80th)
83rd	Rebecca Coles	F20-24	01:43:57	00:00:00	00:17:40 (73rd)	00:21:07 (75th)	01:15:02 (81st)	01:16:27 (79th)	01:43:57 (83rd)
				00:00:00	00:17:40 (73rd)	00:03:27 (81st=)	00:53:55 (82nd)	00:01:25 (82nd)	00:27:30 (83rd)
84th	Francesca Harris	F25-29	01:44:26	00:00:00	00:17:24 (72nd)	00:23:27 (90th)	01:17:08 (84th)	01:17:36 (83rd)	01:44:26 (84th)
				00:00:00	00:17:24 (72nd)	00:06:03 (103rd)	00:52:57 (74th)	00:01:12 (64th)	00:26:50 (77th)
85th	Emily Bowles	F35-39	01:46:03	00:00:00	00:17:59 (75th)	00:20:59 (73rd=)	01:18:00 (89th)	01:18:42 (88th)	01:46:03 (85th)
				00:00:00	00:17:59 (75th)	00:03:00 (74th=)	00:57:01 (89th)	00:00:42 (28th=)	00:27:21 (81st)
86th	Judy Tew	F40-44	01:46:14	00:00:00	00:21:42 (95th)	00:23:54 (92nd)	01:17:08 (84th)	01:18:02 (84th)	01:46:14 (86th)
				00:00:00	00:21:42 (95th)	00:02:12 (39th=)	00:53:14 (76th)	00:00:54 (45th)	00:28:12 (88th)
87th	Adelaide West	F35-39	01:46:32	00:00:00	00:21:48 (96th)	00:25:21 (95th)	01:19:04 (91st)	01:20:20 (90th)	01:46:32 (87th)
				00:00:00	00:21:48 (96th)	00:03:33 (84th)	00:53:43 (80th)	00:01:16 (70th=)	00:26:12 (75th)
88th	Hester Baynes	M50-54	01:46:38	00:00:00	00:15:17 (47th)	00:17:48 (51st)	01:20:17 (95th)	01:20:52 (91st)	01:46:38 (88th)
				00:00:00	00:15:17 (47th)	00:02:31 (58th)	01:02:29 (101st)	00:00:35 (20th)	00:25:46 (70th=)
89th	Gemma Reid	F40-44	01:49:56	00:00:00	00:15:45 (57th)	00:19:16 (62nd)	01:16:55 (85th)	01:18:08 (86th)	01:49:56 (89th)
				00:00:00	00:15:45 (57th)	00:03:31 (83rd)	00:57:39 (93rd)	00:01:13 (65th=)	00:31:48 (99th)
90th	Connie Stock	F25-29	01:50:12	00:00:00	00:19:24 (86th)	00:23:36 (91st)	01:18:15 (90th)	01:19:46 (89th)	01:50:12 (90th)
				00:00:00	00:19:24 (86th)	00:04:12 (90th=)	00:54:39 (86th)	00:01:31 (89th=)	00:30:26 (96th)
91st	Chris Robinson	M50-54	01:50:14	00:00:00	00:18:01 (76th)	00:22:19 (84th=)	01:20:14 (94th)	01:21:10 (93rd)	01:50:14 (91st)
				00:00:00	00:18:01 (76th)	00:04:18 (93rd=)	00:57:55 (95th)	00:00:56 (46th=)	00:29:04 (91st)
92nd	Richard Horler Evo	M35-39	01:50:38	00:00:00	00:19:07 (84th)	00:22:19 (84th=)	01:16:57 (86th)	01:18:32 (87th)	01:50:38 (92nd)
				00:00:00	00:19:07 (84th)	00:03:12 (80th)	00:54:38 (85th)	00:01:35 (94th)	00:32:06 (100th)
93rd	Sarah Hunter	F40-44	01:50:49	00:00:00	00:23:14 (99th)	00:27:34 (100th)	01:21:08 (96th)	01:23:11 (96th)	01:50:49 (93rd)
				00:00:00	00:23:14 (99th)	00:04:20 (95th)	00:53:34 (79th)	00:02:03 (100th)	00:27:38 (84th)
94th	James Jannetta	M30-34	01:50:51	00:00:00	00:19:25 (87th)	00:22:06 (83rd)	01:19:22 (92nd)	01:20:53 (92nd)	01:50:51 (94th)
				00:00:00	00:19:25 (87th)	00:02:41 (63rd=)	00:57:16 (90th)	00:01:31 (89th=)	00:29:58 (94th)
95th	Eve Ryan	F40-44	01:51:18	00:00:00	00:19:52 (91st)	00:25:35 (97th)	01:25:06 (99th)	01:25:47 (97th)	01:51:18 (95th)
				00:00:00	00:19:52 (91st)	00:05:43 (102nd)	00:59:31 (98th=)	00:00:41 (25th=)	00:25:31 (63rd)
96th	David Geraghty	M30-34	01:51:57	00:00:00	00:19:38 (89th)	00:22:36 (88th)	01:20:11 (93rd)	01:21:22 (94th)	01:51:57 (96th)
				00:00:00	00:19:38 (89th)	00:02:58 (72nd)	00:57:35 (92nd)	00:01:11 (63rd)	00:30:35 (97th)
97th	Dianne Anthill	F40-44	01:55:48	00:00:00	00:23:34 (100th)	00:26:11 (98th)	01:25:10 (100th)	01:26:37 (99th)	01:55:48 (97th)
				00:00:00	00:23:34 (100th)	00:02:37 (61st)	00:58:59 (97th)	00:01:27 (83rd=)	00:29:11 (92nd)
98th	Sarah Wilson	F25-29	01:56:40	00:00:00	00:22:40 (98th)	00:26:43 (99th)	01:24:35 (98th)	01:25:57 (98th)	01:56:40 (98th)
				00:00:00	00:22:40 (98th)	00:04:03 (88th)	00:57:52 (94th)	00:01:22 (76th=)	00:30:43 (98th)
99th	Elaine Hui	F40-44	01:56:41	00:00:00	00:19:44 (90th)	00:22:25 (87th)	01:21:56 (97th)	01:22:34 (95th)	01:56:41 (99th)
				00:00:00	00:19:44 (90th)	00:02:41 (63rd=)	00:59:31 (98th=)	00:00:38 (21st=)	00:34:07 (102nd)
100th	Lynn Billowes	F30-34	01:59:30	00:00:00	00:25:18 (102nd)	00:28:26 (101st)	01:28:22 (101st)	01:29:23 (100th)	01:59:30 (100th)
				00:00:00	00:25:18 (102nd)	00:03:08 (78th)	00:59:56 (100th)	00:01:01 (55th=)	00:30:07 (95th)
101st	Zahid Nawaz	M60-64	02:00:45	00:00:00	00:23:36 (101st)	00:29:04 (102nd)	00:29:04 (102nd)	01:32:34	02:00:45
				00:00:00	00:23:36 (101st)	00:05:28 (101st)	-----	-----	00:28:11 (87th)
102nd	Ian Yarde	M45-49	02:17:10	00:00:00	00:32:54 (103rd)	00:38:06 (103rd)	01:43:44 (102nd)	01:44:58 (101st)	02:17:10 (101st)
				00:00:00	00:32:54 (103rd)	00:05:12 (100th)	01:05:38 (102nd)	00:01:14 (67th=)	00:32:12 (101st)
dnf	Steve McMenamin Mid Sussex Triathlon Club	M50-54		00:00:00	00:14:58 (41st)	00:16:44 (33rd)	01:04:48 (46th)	-----	-----
				00:00:00	00:14:58 (41st)	00:01:46 (24th)	00:48:04 (48th)	-----	-----

## Sprint Team

Pos	Name	Category	Time	Start	1 Swim	2 Transition	3 Bike	4 Transition	Run
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## Super Sprint

Pos	Name	Category	Time	Start	1 Swim	2 Transition	3 Bike	4 Transition	Run
1st	Helen Wainright	F55-59	00:48:00	00:00:00	00:07:49 (2nd)	<b>00:09:01 (1st)</b>	<b>00:33:55 (1st)</b>	<b>00:34:31 (1st)</b>	<b>00:48:00 (1st)</b>
				00:00:00	00:07:49 (2nd)	<b>00:01:12 (1st)</b>	00:24:54 (3rd)	00:00:36 (13th=)	00:13:29 (20th)
2nd	Sam Arnold	M30-34	00:48:40	00:00:00	<b>00:07:48 (1st)</b>	00:09:32 (2nd)	00:36:39 (2nd=)	00:37:31 (2nd)	00:48:40 (2nd)
				00:00:00	<b>00:07:48 (1st)</b>	00:01:44 (2nd)	00:27:07 (12th)	00:00:52 (20th)	00:11:09 (3rd)
3rd	Spencer Scott Southampton Triathlon Club	M45-49	00:49:39	00:00:00	00:10:19 (11th)	00:12:45 (8th)	00:36:57 (4th)	00:37:35 (3rd)	00:49:39 (3rd)
				00:00:00	00:10:19 (11th)	00:02:26 (11th)	<b>00:24:12 (1st)</b>	00:00:38 (16th)	00:12:04 (6th)
4th	Sophie Allen Victoria Park Harriers	F25-29	00:50:26	00:00:00	00:12:11 (22nd)	00:14:13 (14th)	00:39:25 (9th)	00:39:47 (7th)	00:50:26 (4th)
				00:00:00	00:12:11 (22nd)	00:02:02 (4th=)	00:25:12 (4th)	00:00:22 (2nd=)	<b>00:10:39 (1st)</b>
5th	Richard Winder	M50-54	00:50:42	00:00:00	00:09:15 (6th)	00:12:11 (5th)	00:36:39 (2nd=)	00:38:17 (4th)	00:50:42 (5th)
				00:00:00	00:09:15 (6th)	00:02:56 (16th)	00:24:28 (2nd)	00:01:38 (31st)	00:12:25 (10th)
6th	Robert Skinner	M65-69	00:52:05	00:00:00	00:10:01 (9th)	00:12:53 (9th=)	00:38:56 (7th)	00:39:52 (8th)	00:52:05 (6th)
				00:00:00	00:10:01 (9th)	00:02:52 (15th)	00:26:03 (5th)	00:00:56 (25th)	00:12:13 (9th)
7th	Andy Sheperd	M50-54	00:52:07	00:00:00	00:09:20 (7th)	00:11:08 (4th)	00:38:18 (6th)	00:38:42 (5th)	00:52:07 (7th)
				00:00:00	00:09:20 (7th)	00:01:48 (3rd)	00:27:10 (13th)	00:00:24 (4th)	00:13:25 (19th)
8th	Nicci Dossett	F50-54	00:52:23	00:00:00	00:08:22 (3rd)	00:10:45 (3rd)	00:38:17 (5th)	00:39:12 (6th)	00:52:23 (8th)
				00:00:00	00:08:22 (3rd)	00:02:23 (10th)	00:27:32 (14th)	00:00:55 (24th)	00:13:11 (18th)
9th	Sam Dumble	M30-34	00:52:25	00:00:00	00:09:04 (5th)	00:12:30 (6th)	00:39:21 (8th)	00:40:15 (10th)	00:52:25 (9th)
				00:00:00	00:09:04 (5th)	00:03:26 (20th)	00:26:51 (9th)	00:00:54 (22nd=)	00:12:10 (8th)
10th	Andy Adler	M45-49	00:52:41	00:00:00	00:10:03 (10th)	00:12:53 (9th=)	00:39:43 (10th)	00:40:08 (9th)	00:52:41 (10th)
				00:00:00	00:10:03 (10th)	00:02:50 (14th)	00:26:50 (8th)	00:00:25 (5th)	00:12:33 (12th)
11th	Erica Golland Perren Patrol	F30-34	00:54:48	00:00:00	00:11:47 (21st)	00:16:05 (24th)	00:43:05 (15th=)	00:44:06 (18th)	00:54:48 (11th)
				00:00:00	00:11:47 (21st)	00:04:18 (28th)	00:27:00 (10th)	00:01:01 (26th)	00:10:42 (2nd)
12th	Kirstie Arnold-Jones	F26-29	00:55:13	00:00:00	00:14:17 (27th)	00:16:47 (25th)	00:43:05 (15th=)	00:43:32 (14th)	00:55:13 (12th)
				00:00:00	00:14:17 (27th)	00:02:30 (12th)	00:26:18 (6th)	00:00:27 (6th)	00:11:41 (4th)
13th	Ryan Davis	M25-29	00:55:17	00:00:00	00:11:43 (19th=)	00:13:53 (12th)	00:40:54 (11th)	00:41:16 (11th)	00:55:17 (13th)
				00:00:00	00:11:43 (19th=)	00:02:10 (6th)	00:27:01 (11th)	00:00:22 (2nd=)	00:14:01 (23rd)
14th	Peter Cousins	M50-54	00:55:27	00:00:00	00:09:37 (8th)	00:14:32 (17th)	00:42:54 (13th)	00:43:30 (13th)	00:55:27 (14th)

			00:00:00	00:09:37 (8th)	00:04:55 (29th)	00:28:22 (16th)	00:00:36 (13th=)	00:11:57 (5th)	
15th	Ben Adler	M16-19	00:55:34	00:00:00	00:13:01 (26th)	00:15:22 (20th)	00:41:57 (12th)	00:42:27 (12th)	00:55:34 (15th)
				00:00:00	00:13:01 (26th)	00:02:21 (9th)	00:26:35 (7th)	00:00:30 (9th)	00:13:07 (16th=)
16th	Daisy Lister	F25-29	00:56:29	00:00:00	00:11:42 (18th)	00:14:56 (19th)	00:43:12 (17th)	00:43:40 (15th)	00:56:29 (16th)
				00:00:00	00:11:42 (18th)	00:03:14 (19th)	00:28:16 (15th)	00:00:28 (7th)	00:12:49 (15th)
17th	Meghan Claridge Hardly Runners	F20-24	00:56:52	00:00:00	00:11:25 (15th)	00:14:26 (15th)	00:42:56 (14th)	00:44:43 (19th)	00:56:52 (17th)
				00:00:00	00:11:25 (15th)	00:03:01 (17th)	00:28:30 (18th)	00:01:47 (32nd)	00:12:09 (7th)
18th	Kate Davis	F30-34	00:56:53	00:00:00	00:12:13 (23rd)	00:14:28 (16th)	00:43:14 (18th)	00:43:46 (16th)	00:56:53 (18th)
				00:00:00	00:12:13 (23rd)	00:02:15 (7th)	00:28:46 (20th)	00:00:32 (11th=)	00:13:07 (16th=)
19th	Lucy Ryall	F25-29	00:57:43	00:00:00	00:12:36 (25th)	00:14:38 (18th)	00:43:37 (19th)	00:43:58 (17th)	00:57:43 (19th)
				00:00:00	00:12:36 (25th)	00:02:02 (4th=)	00:28:59 (22nd)	<b>00:00:21 (1st)</b>	00:13:45 (21st)
20th	Keri Astill-Frew	F30-34	00:57:44	00:00:00	00:11:32 (16th)	00:15:26 (22nd)	00:44:35 (20th)	00:45:07 (20th)	00:57:44 (20th)
				00:00:00	00:11:32 (16th)	00:03:54 (25th)	00:29:09 (23rd)	00:00:32 (11th=)	00:12:37 (14th)
21st	Melvil Randell	M55-59	00:59:41	00:00:00	00:12:34 (24th)	00:15:47 (23rd)	00:44:36 (21st)	00:45:45 (21st)	00:59:41 (21st)
				00:00:00	00:12:34 (24th)	00:03:13 (18th)	00:28:49 (21st)	00:01:09 (28th)	00:13:56 (22nd)
22nd	Frankie Thorne BCSLSC	M45-49	01:02:01	00:00:00	00:08:42 (4th)	00:12:37 (7th)	00:45:34 (22nd)	00:46:11 (22nd)	01:02:01 (22nd)
				00:00:00	00:08:42 (4th)	00:03:55 (26th)	00:32:57 (28th)	00:00:37 (15th)	00:15:50 (29th)
23rd	Sam Polmeer	F40-44	01:03:00	00:00:00	00:11:43 (19th=)	00:15:23 (21st)	00:46:41 (24th)	00:47:34 (23rd)	01:03:00 (23rd)
				00:00:00	00:11:43 (19th=)	00:03:40 (23rd)	00:31:18 (26th)	00:00:53 (21st)	00:15:26 (25th)
24th	John Polmeer	M50-54	01:03:07	00:00:00	00:11:24 (14th)	00:17:47 (27th)	00:46:29 (23rd)	00:47:54 (24th)	01:03:07 (24th)
				00:00:00	00:11:24 (14th)	00:06:23 (31st)	00:28:42 (19th)	00:01:25 (30th)	00:15:13 (24th)
25th	Will Wylde	M20-24	01:04:31	00:00:00	00:11:37 (17th)	00:18:54 (28th)	00:51:22 (28th)	00:52:05 (28th)	01:04:31 (25th)
				00:00:00	00:11:37 (17th)	00:07:17 (32nd)	00:32:28 (27th)	00:00:43 (17th)	00:12:26 (11th)
26th	Sophie Bennett BCSLSC	F45-49	01:04:34	00:00:00	00:10:59 (13th)	00:13:17 (11th)	00:48:16 (25th)	00:48:47 (25th)	01:04:34 (26th)
				00:00:00	00:10:59 (13th)	00:02:18 (8th)	00:34:59 (31st)	00:00:31 (10th)	00:15:47 (28th)
27th	Debbi Wilson	F55-59	01:07:42	00:00:00	00:14:48 (28th)	00:17:22 (26th)	00:48:35 (26th)	00:49:29 (26th)	01:07:42 (27th)
				00:00:00	00:14:48 (28th)	00:02:34 (13th)	00:31:13 (24th)	00:00:54 (22nd=)	00:18:13 (32nd)
28th	Vic Blow	M70-74	01:08:00	00:00:00	00:10:29 (12th)	00:13:59 (13th)	00:48:59 (27th)	00:50:23 (27th)	01:08:00 (28th)
				00:00:00	00:10:29 (12th)	00:03:30 (21st)	00:35:00 (32nd)	00:01:24 (29th)	00:17:37 (31st)
29th	Suzy Watkins	F40-44	01:10:44	00:00:00	00:21:56 (30th)	00:25:39 (30th)	00:54:03 (29th)	00:55:06 (29th)	01:10:44 (29th)
				00:00:00	00:21:56 (30th)	00:03:43 (24th)	00:28:24 (17th)	00:01:03 (27th)	00:15:38 (26th)
30th	Michael Oliver	M35-39	01:12:46	00:00:00	00:22:10 (31st)	00:28:08 (32nd)	00:59:22 (31st)	01:00:11 (31st)	01:12:46 (30th)
				00:00:00	00:22:10 (31st)	00:05:58 (30th)	00:31:14 (25th)	00:00:49 (18th)	00:12:35 (13th)
31st	Amy Astill	F25-29	01:15:22	00:00:00	00:21:20 (29th)	00:25:21 (29th)	00:58:50 (30th)	00:59:40 (30th)	01:15:22 (31st)
				00:00:00	00:21:20 (29th)	00:04:01 (27th)	00:33:29 (29th)	00:00:50 (19th)	00:15:42 (27th)
32nd	Sophie Robertson	F20-29	01:17:34	00:00:00	00:23:02 (32nd)	00:26:39 (31st)	01:00:50 (32nd)	01:01:19 (32nd)	01:17:34 (32nd)
				00:00:00	00:23:02 (32nd)	00:03:37 (22nd)	00:34:11 (30th)	00:00:29 (8th)	00:16:15 (30th)
33rd	Emma Howell UK Mudd Queens	F35-39	01:46:54	00:00:00	00:24:16 (33rd)	-----	00:30:14	01:20:51	01:46:54
				00:00:00	00:24:16 (33rd)	-----	-----	00:50:37 (33rd)	00:26:03 (33rd)

## Super Sprint Team

Pos	Name	Category	Time	Start	1 Swim	2 Transition	3 Bike	4 Transition	Run
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